

INSTRUCTIONS: Using the guide below, meet with your family to discuss each point in the plan and create your family's own personal guide to emergency preparedness. Once you have completed your family plan, answer the questions on slide 12 in your packet. You **DO NOT** need to submit your plan to your MBC. You are only required to answer the questions.

FAMILY EMERGENCY PREPAREDNESS PLAN



Regardless of the emergency situation or hazard anticipated, one of the best things you can do is to make a plan and prepare your family beforehand.

Create a Family Disaster Plan

- **Gather information.**
 - What disasters or hazards are most likely in your community? For your home?
 - How would you be warned?
 - How should you prepare for each?
- **Know the warning signals for your area.**
 - Learn the warning systems for your community.
 - Be sure you can hear or see the appropriate warning from your home.
- **Obtain insurance for your family and home.**
 - Check your homeowners insurance.
 - Get additional coverage for situations that may not be covered.
- **Stay alert for emergency broadcasts.**
 - Emergency Alert System broadcasts (radio, TV)
 - NOAA weather radio alerts
 - News sources – radio, television, internet
- **Choose a post-hazard meeting place for your family.**
 - A safe distance from your home for sudden emergencies (e.g., fire).
 - Outside your neighborhood in case you can't return home.
 - Learn where area evacuation shelters are located.
- **Make a family communication plan.**
 - Know how you will contact each other if you are at work, school or other location.
 - Have an out-of-state friend or relative serve as an emergency contact for everyone to call.
 - Keep a list of emergency phone numbers, including neighborhood contacts.
 - Give emergency numbers to all family members and post by every phone.
- **Make a family emergency supply kit.**
 - You may need to survive on your own temporarily until you can get assistance.
 - Prepare a kit with 3 or more days of supplies (food, water, clothing).
- **Share the above information with your family.**
 - Meet with all members of your household.
 - Discuss the types of hazards that could occur.
 - Discuss your family's plan.
 - Practice your plans.

- **Plan how you and your neighbors could work together during a disaster.**
 - Create a neighborhood communication plan.
 - Help neighbors who have special needs, such as elderly or disabled persons.
 - Make plans for child care in case parents cannot get home.
 - Learn plans for your work, children's schools, or other locations.
- **Don't forget to include plans for your pets.**

Family Emergency Plan Situations

- **Shelter-in-place**
 - Take immediate shelter wherever you are – home, work, school or in between – rather than entering into a hazardous situation.
 - Used for situations such as severe storms, winter weather, biological emergencies.
 - Time will vary; few hours to several days.
- **Evacuation**
 - Leaving your current location and seeking shelter at a safer place.
 - For situations such as flood or chemical accidents.
 - Time will vary; days, weeks - it may be never for some situations (e.g., flood).

For More Information

Ready America (FEMA)

Guidebook to help you prepare for emergency situations.
www.ready.gov/america/index.html

National Weather Service

Current hazardous weather threats for your location.
<http://www.weather.gov/>

NOAA Radio Channels for your Area

<http://www.nws.noaa.gov/nwr/nwrbro.htm>

Safe and Well Website (American Red Cross)

Online registry to let family members know you are safe after a disaster situation.
<http://disastersafe.redcross.org>

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FAMILY EMERGENCY CONTACT FORM

Police	Insurance Agent
Fire	Homeowner's Insurance Policy Company: Policy Number:
Ambulance	Flood Insurance Policy Company: Policy Number:
County Emergency Management Office	Wind and/or Hail Insurance Policy Company: Policy Number:
Neighbors	Disaster Hotline
Out of State Contact	Cooperative Extension Service
American Red Cross	Veterinarian
Power Company	Animal Shelter or Pet Friendly Hotel
Gas Company	
Water Company	
County Public Health Department	
Poison Control Center	